



# AUBREY DOWNER

Compassionate people, dedicated to care

RESIDENTIAL AGED CARE HOME  
ALCHERINGA & JEFFRESS LODGE



HALL & PRIOR  
*Health & Aged Care Group*



Welcome to

# AUBREY DOWNER

## AGED CARE HOME



*We look forward  
to welcoming  
you to our home*



Aubrey Downer Aged Care Home is part of the Hall & Prior Health and Aged Care Group: a family-owned organisation with a passion for providing quality aged care.

Our home is led by an experienced Manager who works alongside a team of compassionate, dedicated professionals to ensure that you feel well cared for.

We provide each individual in our care with the support they need to continue enjoying meaningful and enjoyable lives.

## A place TO CALL HOME



Family and friends are  
welcome at any time.

Aubrey Downer is a friendly, family orientated home located on a quiet suburban street in the West Gosford suburb of Point Clare. Set on over eight hectares of lush and spacious gardens with rolling lawns, we offer single rooms with ensuite in the 'Alcheringa' lodge. Our separate dementia unit 'Jeffress' lodge is secure and offers a beautiful dementia specific garden. Both lodges include community areas and visitors are welcome at any time. Thirty-two independent living units are also offered on our site.

Staying active and socialising is an important part of a healthy lifestyle. At Aubrey Downer we run a monthly activity program with activities such as arts, crafts and games, exercise groups as well as movie and theme days. We have a number of volunteers supporting our home and have regular musical performances, fetes, raffles and visits from school and community groups.

Aubrey Downer is also home to a vibrant multicultural community. We respect all cultures and religions and celebrate special occasions such as Birthdays, religious occasions and special days such as Mother's Day.



*Aubrey Downer is  
a family-oriented  
home*



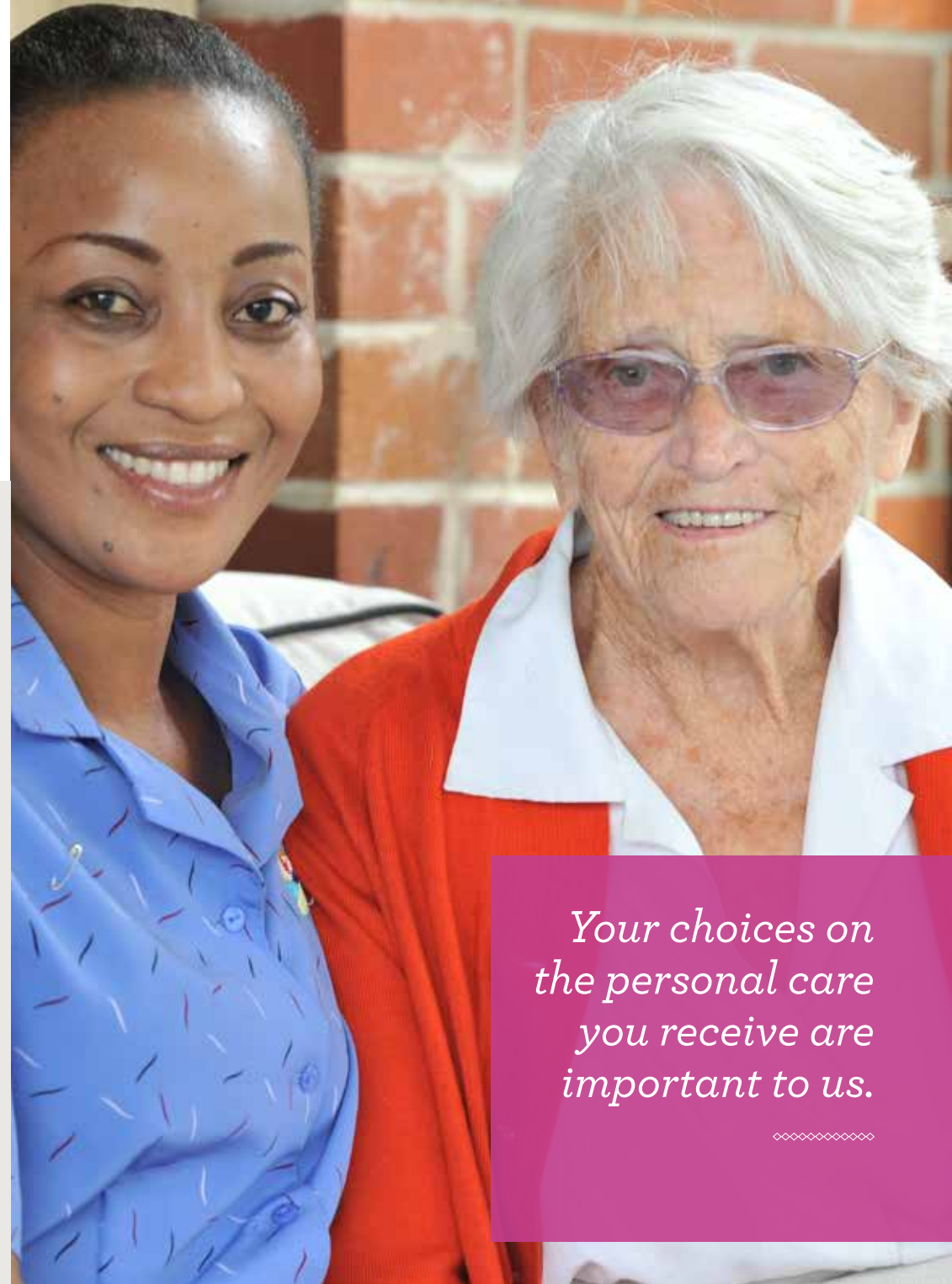
## Care at **AUBREY DOWNER**



It's our priority to ensure that you feel safe, secure and at home. For your peace of mind, we provide care by a mix of registered nurses and personal carers. Access to our specialist dementia unit, 'Jeffress' lodge, is by secure key pad entry and exit codes.

*We have the expertise to assist with complex care requirements, and will always discuss your care requirements with you and your family.*

Your general practitioner can visit you at Aubrey Downer, or you can choose to have your records transferred to one of our visiting general practitioners. Hall & Prior's speech pathologist and dietician visit Aubrey Downer regularly to support our residents' care, and visits from other health professionals such as physiotherapists, podiatrists, dentists and opticians are arranged as required.



*Your choices on  
the personal care  
you receive are  
important to us.*





## WHAT'S ON THE MENU?

Enjoying a variety of delicious, nutritionally balanced meals is not only an important part of maintaining good health, it's an important part of your day.

Our kitchen team provides fresh meals that are prepared at our home and served straight to you. We consult with dieticians and speech pathologists to support our residents' clinical care without compromising on taste.

We offer a choice of hot and cold meals, cater for clinical dietary requirements, allergies, intolerances and cultural requirements, and of course, special requests to mark celebrations.

## HOW MUCH DOES IT COST?

The cost of aged care is dependent on your circumstances and is different for everyone. The Government pays a supplement for residents who are assessed as eligible through a combined assets and income assessment; depending on your circumstances, the Government may pay all, part or none of your care and accommodation costs.

You can find an explanation of the fees and your payment options on our website or ask our staff for fee and payment information. We will be happy to go through them with you and answer any questions you have. More information is available from [www.myagedcare.gov.au](http://www.myagedcare.gov.au).

## HOW DO I APPLY?

Before you apply to live in residential aged care, you will need to be assessed as eligible for residential aged care by an Aged Care Assessment Team, or ACAT. ACAT Assessments are free and your doctor, health centre or local hospital can refer you to an ACAT near you. Please keep a copy of your assessment as you will need to give it to our Manager before you can move in.

Once you are ready to apply, there are a number of forms that you will need to complete. Our staff are available to sit down with you and guide you through the application process if you like. Please feel free to ask us questions at any time.

# Moving and **SETTLING IN**



Moving into an aged care home involves a lot of change for you and your family, and our staff are committed to supporting you during this time.

Your room will be furnished for you, and we encourage you to personalise your space with special photographs, paintings and soft furnishings to help you feel at home. There are television sets that you can watch in our common rooms, but you are welcome to bring your own television or radio if you wish.

Having someone to talk to who is knowledgeable and compassionate can make all the difference. Our Manager is very approachable and is available to discuss your care or the care of your loved one with you at any time. We look forward to welcoming you to our home.



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## AUBREY DOWNER

23 Sunnyside Avenue, Point Clare NSW 2250

For further information or to arrange a visit,  
please contact Aubrey Downer's Manager:

**T** 02 4324 2068

**E** [infoNSW@hallprior.com.au](mailto:infoNSW@hallprior.com.au)

**W** [hallprior.com.au](http://hallprior.com.au)